THE ORCHID SCHOOL



Making healthy decisions Saying "No" to drugs and alcohol Life skills Orientation **Class VIII**

Introduction



One of issues that young adults are facing today is the potential exposure directly or indirectly to dangerous substances like drugs, alcohol and smoking. We, at Orchid school believe that armed with the right information, attitudes and skills, individuals can make healthy choices. We also recognize that as young adolescents, these children are a highly vulnerable group targeted by media. This module aims at opening their eyes, providing spaces for them to gain awareness of the messages imparted, analyze and form opinions of their own.

Objectives



Class VIII module of Life Skills focuses upon substance abuse and its dangers.

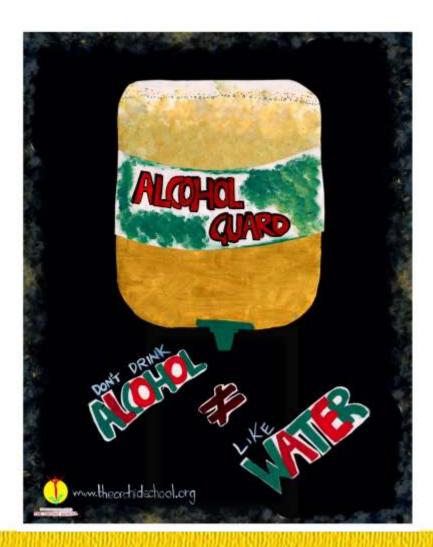
This module is spread over 5 months,1 hour/week .Sessions are highly interactive in nature, using activities ,media, research clippings and outside facilitators and experts so as to enhance and enrich these experiences for the students.

Objectives-

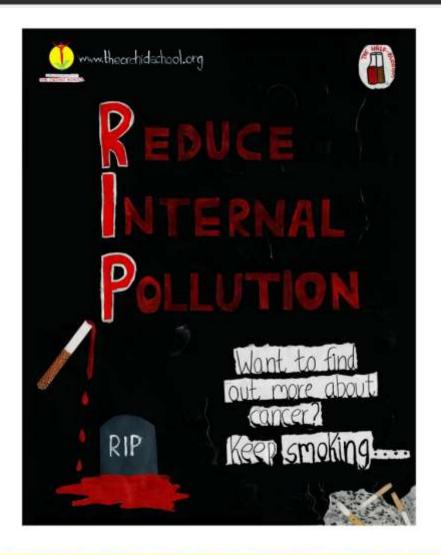
- Understanding and dealing with Peer Pressure
- Providing information about drugs, alcohol and addictions.
- Providing opportunities to hone skills such as recognizing peer pressure, saying NO, knowing the implications of decisions and so on.
- Critically analyzing media, forming your own opinions and standing up for ones choices.

Program

- Introduction- The need, objectivesResearch and Clippings
- Understanding the way Peer pressure works/harms
- Dealing and resisting Peer pressure
- Media- all forms , its messages and Critique
- Media-Selling audiences to advertisers
- Media Does it say what it sells?
- Visit to Muktangan,
- Interaction with friends from Muktangan at Orchid school















What started in the Neolithic Age can end in Modern Age.

BE CIVILIZED STOP ALCOHOLISM!



